

Menus for May 2018

**Warwick
Middle School**



This institution is an equal opportunity provider.

EZSchoolPay
.com

**SIMPLE, SAFE & SECURE
BREAKFAST**

\$1.50
Reduced
\$0.00

LUNCH
\$ 2.75
Warrior \$3.50
40 Reduced

Pay for meals on-line at
EZSchoolPay.com!

HEY KIDS (& PARENTS)!

Breakfast daily \$1.50

Approved reduced students—no charge
All meals include choice of entrée, fruit & milk
Breakfast served daily!



MAY BIRTHDAYS

- Henry Cavill (35) -- May 5
- Florence Nightingale -- May 12
- Lorraine Hansberry -- May 19
- Mary Cassatt -- May 22
- Gr-Eazy (29) -- May 24
- Walt Whitman -- May 31



AVAILABLE DAILY

All meals include (2) fruits, veggie and milk
MILK IS THE ONLY BEVERAGE INCLUDED W/ MEALS
Meals include choice of Fat Free Flavored, Fat Free White or 1% white

Ala Carte milk price .50
\$2.75 Sandwich Bar w/(2)fruits,veggie, milk
Choices: Italian, turkey, ham & cheese subs, Veggie burger~ (ask café staff)

\$2.75 Hummus Lunch: Hummus cup, pretzels, sunflower seeds, graham crackers, veggie, (2) fruits and milk

\$2.75 Wrap w/ veggie, (2)fruits, milk
Choices: Turkey, ham, spicy chicken, and grilled chicken

\$2.75 Salad w/ (2) fruits and milk
Choices: Southwest, Grilled chicken and Chopped Ribbon Chef

\$3.50 Warrior entrée w/ bag of Herr's chips, (2) fruits, veggie & milk

MENU SUBJECT TO CHANGE

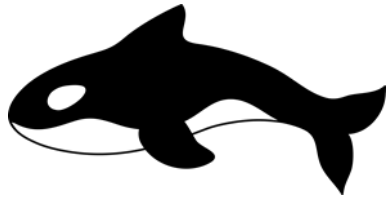
Assorted fruit basket may include:
Applesauce, peaches, pears, apricots, raisins, strawberries, pineapples, craisins, mixed fruit, bananas, grapes, apples and 100% fruit juice slushy



Tuesday, May 1	Wednesday, May 2	Thursday, May 3	Friday, May 4
#1 Pizza stix w/dipping sauce	#1 Mickey's Pizza	#1 Walking taco w/dinner roll	#1 Chicken fries w/dinner roll
#2 Tangerine chicken w/brown rice, dinner roll	#3 Warrior: Italian chicken tender sandwich w/chips	#3 Warrior: Hot n' spicy chicken Sandwich w/chips	#3 Warrior: Double cheeseburger w/ chips
#3 Warrior: Buffalo chicken pizza w/ chips	Corn	Fiesta Beans	French Fries
Green beans			

Monday, May 7	Tuesday, May 8	Wednesday, May 9	Thursday, May 10	Friday, May 11
#1 Pizza cheese crunchers	#1 Popcorn chicken w/ dinner roll	#1 Big Daddy's Pizza	#1 Chicken nuggets w/dinner roll	#1 Chicken burger on roll
#3 Warrior: Hot turkey, bacon & cheese on Kaiser roll w/chips	#3 Warrior: 4 Meat Italian Pizza w/ chips	#2 Corn dog nuggets w/dinner roll	#3 Warrior: Create your own burrito bowl w/bag of scoops	#3 Warrior: SUBWAY FRIDAY Variety of subs w/bag of Herr's chips
Broccoli	Corn	Pepperoni Pizza stuffed croissant w/chips	California blend	Baked Beans
		Green beans		

DO YOU NEED A STRAW? Plastic straws are really bad for the ocean. We use over 500 million every day in America, and most of those end up in our oceans, polluting the water and killing marine life. By the year 2050 there will be more plastic in the ocean than fish. An estimated 71% of seabirds and 30% of turtles have been found with plastics in their stomachs. When they ingest plastic, marine life has a 50% mortality rate. What would our oceans be without marine life?



Monday, May 14	Tuesday, May 15	Wednesday, May 16	Thursday, May 17	Friday, May 18
#1 Pizza stix	#1 Mashed potato bowl w/ dinner roll	#1 Mickey's Pizza	#1 Walking taco and dinner roll	#1 Chicken fries w/dinner roll
#2 Ham n' cheese on Pretzel roll				
#3 Warrior: Sriracha wings and pierogies w/chips	#3 Warrior: Buffalo chicken pizza w/chips	#3 Warrior: Italian chicken tender sandwich on roll w/chips	#3 Warrior: Hot n' spicy chicken sandwich w/chips	#3 Warrior: Bacon cheeseburger w/fixin's and chips
Baby carrots	Corn	Baked beans	Broccoli	French fries

Monday, May 21	Tuesday, May 22	Wednesday, May 23	Thursday, May 24	Friday, May 25
#1 Cheesesteak	#1 Popcorn chicken w/dinner roll	#1 Big Daddy's Pizza	#1 Steak & cheese pinwheels	#1 Chicken burger on roll
		#2 Mac n' cheese w/dinner roll	#2 Meatball sandwich	
#3 Warrior: Grilled chicken club w/chips	#3 Warrior: 4 Meat Italian Pizza w/ chips	#3 Warrior: Sriracha boneless chicken wing sandwich w/chips	#3 Warrior: Hot n' spicy chicken sandwich w/chips	#3 Warrior: SUBWAY FRIDAY Variety of subs w/bag of Herr's chips
Broccoli	California Blend	Steamed peas, Pudding cup	Corn	Baked Beans

Monday, May 28	Tuesday, May 29	Wednesday, May 30	Thursday, May 31
<p>MEMORIAL DAY NO SCHOOL TODAY</p>	#1 Pizza stix w/dipping sauce	#1 Mickey's Pizza	#1 Walking taco w/dinner roll
	#2 Tangerine chicken w/brown rice, dinner roll		
	#3 Warrior: Buffalo chicken pizza w/ chips	#3 Warrior: Italian chicken tender sandwich w/chips	#3 Warrior: Hot n' spicy chicken Sandwich w/chips
	Green beans	Corn	Fiesta Beans

Word of the Month
pa·tience

n. 1. endurance of hardship or inconvenience without complaint 2. calmness and self-control in the face of delay 3. understanding of others' difficulties

DON'T GET!

To make a lunch, choose at least one

Fruit/Juice **or** Veggie

Grains Milk Protein

Fruit/Juice **and 3-5 items total** Vegetables

Warwick School District Food & Nutrition Services