



Menus for
May
2018

Warwick High School

This institution is an equal opportunity provider.
Menus are subject to change.

HEY KIDS (& PARENTS)!

Breakfast daily \$1.50

Approved reduced students—no charge
All meals include choice of entrée, fruit & milk
Breakfast served daily!



AVAILABLE DAILY

All meals include (2) fruits, veggie & milk
Milk is the only beverage included w/meals
*Meals include choice of Fat free flavored,
Fat free white or 1% white
Ala Carte Milk price: .50*

\$2.75 Sandwich bar w/ (2) fruits, veggie & milk
Choices: Italian, turkey, ham n' cheese subs,
Veggie burger

\$2.75 Pizza Meal Deal w/ (2) fruits, veggie & milk

\$2.75 Wraps w/ veggie, (2) fruits and milk
Choices: Veggie, turkey, ham, spicy chicken,
Buffalo, Asian and BBQ chicken

\$2.75 Salad w/ (2) fruits and milk
Choices: Southwest, Chopped Ribbon Chef, Vegan,
Caesar, Grilled Chicken and Orange salad

Hummus salad, yogurt, whole grain cheez its, muffin,
bed of mixed greens with baby carrots

\$3.50 Warrior: Entrée w/bag of Herr's chips,
(2) fruits, veggie and milk

Assorted fruit basket may include:
*Applesauce, peaches, pears, apricots, raisins,
strawberries, pineapples, mixed fruit, bananas, grapes,
apples, raisins and 100% fruit juice slushy*

Menu subject to change
Ingredient Labels available upon request



EZSchoolPay.com

SIMPLE, SAFE & SECURE

BREAKFAST
\$1.50
Reduced \$0.00

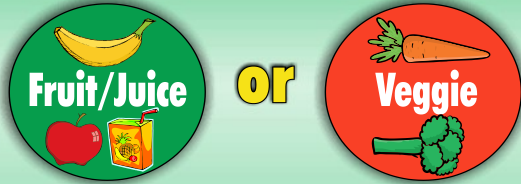
LUNCH
\$2.75
Warrior \$3.50
\$.40 Reduced

Pay for meals on-line at EZSchoolPay.com!

Tuesday, May 1	Wednesday, May 2	Thursday, May 3	Friday, May 4
#1 Cheeseburger on roll w/French fries	#1 Chicken fries w/dinner roll	#1 & #2 Chicken Mashed potato Bowl w/roll	#1 Big Daddy's Pizza
#3 Warrior: Sriracha boneless chicken wing sandwich w/chips	#2 Grilled chicken Sandwich w/pepperjack cheese	#3 Warrior: Buffalo chicken or 4 Meat Italian Pizza w/chips	#2 Fish sandwich
Roasted Brussel sprouts	#3 Warrior: Double cheeseburger w/chips	Corn, cookie	#3 Warrior: Create your own Burrito bowl w/scoops
	California blend		Broccoli
Monday, May 7	Tuesday, May 8	Wednesday May 9	Thursday, May 10
#1 Ham n' cheese on pretzel roll w/tomato soup	#1 Walking Taco w/roll, fixin's bar	#1 Chicken nuggets, whipped potatoes and dinner roll	#1 Popcorn chicken w/ dinner roll
#2 Pizza stix w/dipping sauce	#3 Warrior: Chicken tenders w/French fries NO CHIPS	#3 Warrior: Hot n' spicy chicken sandwich w/ chips	#2 Tangerine Chicken w/rice
#3 Warrior: Bacon cheeseburger w/fixin's w/ chips	Baked beans	Broccoli, cookie	#3 Warrior: Buffalo Chicken or 4 Meat Italian pizza w/chips
Roasted cauliflower			Steamed peas
Friday, May 11			#1 Pork BBQ Sandwich
			#3 Warrior: SUBWAY FRIDAY Variety of Subs w/bag of Herr's chips
			Corn

DON'T GET!

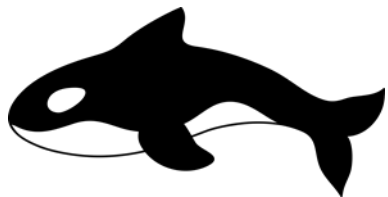
To make a lunch,
choose at least one



and 3-5
items
total

Warwick School District
Food & Nutrition Services

DO YOU NEED A STRAW? Plastic straws are really bad for the ocean. We use over 500 million every day in America, and most of those end up in our oceans, polluting the water and killing marine life. By the year 2050 there will be more plastic in the ocean than fish. An estimated 71% of seabirds and 30% of turtles have been found with plastics in their stomachs. When they ingest plastic, marine life has a 50% mortality rate. What would our oceans be without marine life?



Monday, May 14	Tuesday, May 15	Wednesday, May 16	Thursday, May 17	Friday, May 18
#1 Popcorn chicken w/dinner roll	#1 French toast stix w/sausage and potato	#1 Chicken burger w/ side of mac n' cheese	#1 Turkey Mashed Potato Bowl w/ dinner roll	#1 Big Daddy's Pizza
#2 Pizza cheese crunchers	#3 Warrior: Sriracha boneless chicken wing sandwich w/chips	#2 Noodle bowl w/roll	#3 Warrior: Buffalo chicken or 4 Meat Italian Pizza w/chips	#3 Warrior: Burrito bowl w/ scoops
#3 Warrior: Double cheeseburger w/chips	Carrot sticks	#3 Warrior: Grilled chicken club w/ chips	Corn	Vegetarian Chili, Pudding cup
Broccoli		Peas and carrots		

Monday, May 21	Tuesday, May 22	Wednesday, May 23	Thursday, May 24	Friday, May 25
#1 Popcorn chicken w/dinner roll	#1 Ham n' cheese on pretzel roll w/tomato soup	#1 Walking taco w/ dinner roll	#1 Pizza stix w/dipping sauce	#1 Cheesesteak sandwich
#3 Warrior: Hot n' spicy chicken sandwich w/chips	#3 Warrior: Buffalo chicken or 4 Meat Italian Pizza w/ chips	#3 Warrior: Bacon cheeseburger w/chips	#2 General Tso Chicken w/brown rice and dinner roll	#3 Warrior: SUBWAY FRIDAY Variety of Subs w/bag of Herr's chips
Green beans	Corn, cookie	Baked beans	Homemade Stromboli	Roasted cauliflower
			Broccoli	

Monday, May 28	Tuesday, May 29	Wednesday, May 30	Thursday, May 31
<p>MEMORIAL DAY NO SCHOOL TODAY</p>	#1 Cheeseburger on roll w/French fries	#1 Chicken fries w/dinner roll	#1 & #2 Chicken Mashed potato Bowl w/roll
	#3 Warrior: Sriracha boneless chicken wing sandwich w/chips	#2 Grilled chicken Sandwich w/pepperjack cheese	#3 Warrior: Buffalo chicken or 4 Meat Italian Pizza w/chips
	Roasted Brussel sprouts	#3 Warrior: Double cheeseburger w/chips	Corn, cookie
		California blend	

Word of the Month
pa·tience

n. 1. endurance of hardship or inconvenience without complaint 2. calmness and self-control in the face of delay 3. understanding of others' difficulties