



Warwick School District

Wellness Committee

January 22, 2018

Vision: *Warwick Wellness: Promoting Physical, Mental, and Social Wellbeing for All Students*

Mission: *Through the collaborative efforts of the classroom, school, district, and community, our students will achieve optimal health status so that they can attain academic success at a higher level.*

MINUTES

1. Welcome & Introductions – *Dr. Melanie Calender*
2. Warwick’s Wellness Committee – *Dr. Melanie Calender & Mr. Mark Leidich*
 - Mission/Vision Review: Team felt the vision and mission were appropriate.
3. Nursing Services Updates – *Mrs. Jackie Drexel*
 - Flu Shots:
 - i. Still recommended
 - ii. 17/18: 274, 16/17:260, 15/16: 294, 14/15: 231
 - Lice Protocol Reviewed:
 - i. Students are not excluded as advised by CDC
 - ii. No alerts are issued for cases in classrooms or buildings, HIPPA
 - Reviewed Physical and Dental exam requirements and updates
4. Health & Physical Education Updates – *Mrs. Kate Rapp*
 - Health:
 - i. Updating Text Resource (Current text is from 2001): online or printed copy, currently supplementing lessons
 - Physical Education:
 - i. Updating 9th Grade Options: 9th grade students will have more options for 18/19 PE credit
 - ii. Addition to Course Options for Seniors in 2019/2020: Adding a competitive course offering.
5. Food Service Department Items – *Mrs. Karen Miller*
 - Lunch Shaming Regulations: See attachment, encourages parents to use online system to check and/or add lunch credits.
6. Counseling/Psychological Services Updates – *Mr. Dan Potts & Mrs. Lori Earle*

- Mental Health Screeners: First year of screening (17/18), 11% were red (of concern) in 7th grade, 18% were red (of concern) in 10th grade. We continue to look for supports and screeners to support students.
- Vicarious Trauma (staff): Professional Development Session: Coming up in June.

7. Staff Wellness – *Mr. Mark Leidich*

- Professional Development Day – March 29, 2018
- Annual Flu Shots at Warwick or Coverage at Primary Care Physician
- Race Against Racism (Students and Staff): online enrollment is open!
- Aetna programs

8. Other Items:

- Generate Topics for Community Forum/Follow Up to Resilience Event:
 - i. Suicide Prevention/Awareness
 - ii. Social Media
 - iii. Drug Concerns
- Concussion Management Teams: Will be trained at each building this Spring.