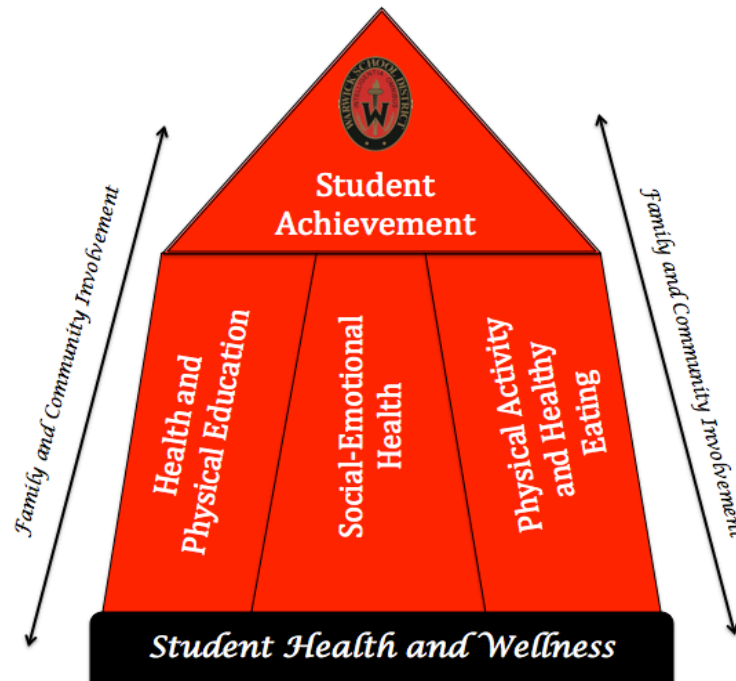


The Significance of Student Wellness



Student Wellness Mission Statement:

Through the collaborative efforts of the classroom, school, district, and community, our students will achieve optimal health status so that they can attain academic success at a higher level.

At Warwick School District, promoting student health and wellness involves three key components:

- Physical activity and healthy eating;
- Social-emotional health; and,
- Health and physical education.

We believe that all three areas are interconnected, dependent on each other for the overall well being of students. In order for students to learn and perform to their potential, these three components must be effectively embedded within the educational program.

Through collaboration between the schools, families, and the community, we can proactively connect healthy eating, physical activity, social-mental health, and increased student achievement of our students. Evidence shows that the health of students is linked to their academic achievement, so by working together, we can ensure that our young people are healthy and ready to learn (Centers for Disease Control and Prevention, 2010).

Warwick Wellness: Promoting Physical, Mental, and Social Wellbeing for All Students

