BEAN, BLACK FIESTA

PER SERVING (4 5/8 ounces)

138 CALORIES

0.0g SAT FAT 529_{mg} sodium

25.3g CARBS

Allergens:

Made With: BEAN, BLACK FIESTA

BEANS, BAKED BUSH

PER SERVING (1/2 c.) 113 CALORIES 0.0g SAT FAT 480mg CARBS CARBS

Allergens:

Made With: Beans Vegetarian Bush's Best 39400-01637

BEANS, BLACK LOW SODIUM

PER SERVING (130 g.)				
105	0.0 g	240 _{mg}	23.0 _g carbs	
CALORIES	SAT FAT	sodium		

Allergens:

Made With: BEANS, BLACK LOW SODIUM

Beans, green, cooked from frozen, whole or cut (french or sliced lengthwise), drained, without salt [100351, A070]



Allergens:

Made With: BEANS, GREEN, COOKED FROM FROZEN, WHOLE,

DRAINED, NO SALT

BENEFIT BAR, COCOA CHIP

PER SERVING (2 1/2 oz.)				
270	2.5 g	230 mg	47.9 _g carbs	
CALORIES	SAT FAT	SODIUM		

Allergens: Contains Egg, Milk, Soy, Wheat.

Made With: Benefit Bar, Cocoa Chip, 2.5 oz., J& J Snack

Foods Corp, 40406, WGR

Broccoli, Spears, No Salt Added, Frozen, USDA 110473, Veg-DG



Allergens:

Made With: Broccoli, No Salt Added, Frozen, USDA 110473,

Veg-DG

Brussels Sprouts, Frozen, Cooked, Veg-O

PER SERVING (1/2 c.) 33 CALORIES 0.1g SAT FAT 12mg CARBS 6.4g CARBS

Allergens:

Made With: BRUSSELS SPROUTS, FRZ, CKD, BLD, DRND, WO/SALT

BURGER, DBL CHSBURGER

PER SERVING (1 sandwich)				
617	16.9 g	805 mg	37.3 _g	
CALORIES	SAT FAT	SODIUM	CARBS	

Allergens: Contains Gluten, Milk, Soy, Wheat.

Made With: BEEF PATTY, 2.40Z SILVER SPR (BEEF PATTY,

2.40Z SILVER SPR); Roll hamburger wheat #85 Morabito (Bread Hamburger Bun Wheat #85); CHEESE, AMERICAN, PASTEURIZED, PROCESS,

WHITE, SLICED

BURRITO W/FIXINS & SCOOPS

PER SERVING (1 burrito)				
883	6.7 g	713 _{mg}	145.2 _g carbs	
CALORIES	SAT FAT	sodium		

Allergens: Contains Milk.

Made With: Corn, golden or yellow, whole kernel, cooked from

frozen, drained, without salt [100348, A130] (CORN, YELLOW, WHOLE KERNEL, COOKED FROM FROZEN, NO SALT); RICE, BROWN WG; SALAD

Lettuce, cos or romaine, raw (SALAD

LETTUĆE,COS OR ROMAINE,RAW); Salsa, Mild Nutritionally Enhanced, Red Gold, REDSC99, Veg-RO; CHEESE CHEDDAR RF SHREDDED COMM 100012; BEANS, BLACK LOW SODIUM (BEANS, BLACK LOW SODIUM); Pork, Leg Roast, Frozen, USDA; Chips, Tortilla Baked! Tostitos Scoops, Frito

Lay, Pepsico, 42537, WGR

California Blend Vegetables

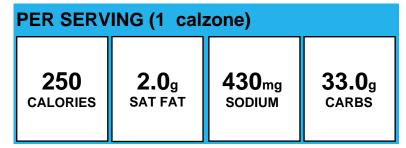
PER SERVING (3/4 Cup Cooked, Drained Vegetable) 25 CALORIES 0.0g SAT FAT 15mg SODIUM CARBS

Allergens:

Made With: Vegetable, California Blend, Frozen, Hanover,

28971, Veg-O

Calzone Three Cheese, Gilardi, 16272-20120, MMA, WGR, VEG-R/O



Allergens: Contains Milk, Soy, Wheat.

Made With: Calzone Three Cheese, Gilardi, 16272-20120, MMA,

WGR, VEG-R/O

Carrots, raw

PER SERVING (1/2 cup chopped)				
26	0.0 g	44 _{mg}	6.1 _g	
CALORIES	SAT FAT	sodium	CARBS	

Allergens:

Made With: CARROTS, RAW

CEREAL, KELLOGG'S 60CT

PER SERVING (1 ea.) 199 CALORIES 0.5g SAT FAT 169mg CARBS CARBS

Allergens:

Made With: Frosted Mini-Wheats Bite Size Cup; Frosted Flakes

Cup; Krave Chocolate; Corn Pops Cup; Apple Jacks

Reduced Sugar Cup

CHEESEBURGER W/HAMBURG ROLL

PER SERVING (1 sandwich)				
394	8.5 g	550 mg	34.6 _g carbs	
CALORIES	SAT FAT	SODIUM		

Allergens: Contains Gluten, Milk, Soy, Wheat.

Made With: BURGER W/HAMBURG ROLL (BEEF PATTY, 2.40Z

SILVER SPR (BEEF PATTY, 2.40Z SILVER SPR); Roll hamburger wheat #85 Morabito (Bread Hamburger

Bun Wheat #85)); CHEESE, AMERICAN, PASTEURIZED, PROCESS, WHITE, SLICED

CHEESESTEAK SANDWICH

PER SERVING (1 sandwich)				
389	6.4 g	735 mg	39.6 _g	
CALORIES	SAT FAT	SODIUM	CARBS	

Allergens: Contains Milk, Soy, Wheat.

Made With: BEEF STEAK, FC SILVER SPRING (BEEF STEAK, FC

SILVER SPRING); ROLL, STEAK #555 WGR; STEAK SAUCE (Ketchup, Natural Low Sodium, Made With Sugar, 9 Gram Packets, Red Gold, REDYL9G; SUGARS,GRANULATED; VINEGAR,DISTILLED; Sugar, Brown Light Granulated, Monarch, 229745; Sauce, Worcestershire; Juice, Reconstituted Lemon, Bottled); Removed in CN21 CHEESE, MOZZARELLA,

LITE, FROZEN, SHREDDED

CHICKEN FRIES W/ROLL HS

Allergens: Contains Gluten, Soy, Wheat.

Made With: Chicken Fries WGR Tyson 70367-928 (Chicken Fries

WGR Tyson 70367-928); DINNER ROLL

W/MARGARINE (Copy of WW Cluster Dinner Roll;

MARGARINE PROMISE)

CHICKEN NUGGETS W/MASHED POTATOES AND ROLL

PER SERVING (1 serv.)				
444 CALORI	- II	2.9 g SAT FAT	1200 mg SODIUM	50.0 _g carbs

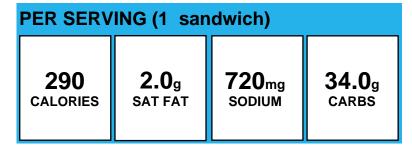
Allergens: Contains Egg, Gluten, Milk, Soy, Wheat.

Made With: POTATOES, MASHED; CHICKEN NUGGETS W/ROLL

HS (Chicken, Homestyle Whole Grain Nuggets, Gold Kist Farms, Pilgrim's Pride, 6153, MMA, WGR; DINNER ROLL W/MARGARINE (Copy of WW Cluster

Dinner Roll; MARGARINE PROMISE))

CHICKEN, CRISPY BREAST SANDWICH



Allergens: Contains Gluten, Wheat.

Made With: CHICKEN, CRISPY BREAST FILET (BARRY FOODS)

(CHICKEN, CRISPY BREAST FILLET (BARRY FOODS)); Roll hamburger wheat #85 Morabito

(Bread Hamburger Bun Wheat #85)

CHICKEN, GRILLED CLUB SANDWICH

PER SERVING (1 sandwich) 392 CALORIES 7.5g SAT FAT 1237mg SODIUM 37.0g CARBS

Allergens: Contains Gluten, Milk, Soy, Wheat.

Made With: CHICKEN, GRILLED BREAST SAVORY FILLET; Roll

hamburger wheat #85 Morabito (Bread Hamburger Bun Wheat #85); Cheese, PepperJack Shredded, Bongards' Creameries, 75535, MMA (Cheese, PepperJack Shredded, Bongards' Creameries, 75535, MMA); BACON, TURKEY PREMIUM SLCD FC

CHICKEN, HOT N SPICY CHICKEN SANDWICH

PER SERVING (1 sandwich) 429 CALORIES 2.5g SAT FAT 1047mg CARBS CARBS

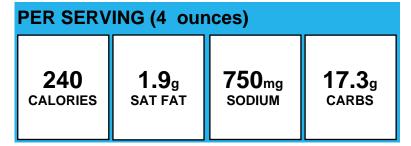
Allergens: Contains Gluten, Wheat.

Made With: CHICKEN, SPICY BREAST FILLET (BARRY FOODS);

Roll hamburger wheat #85 Morabito (Bread

Hamburger Bun Wheat #85)

CHICKEN, POPCORN SECONDARY AND DINNER ROLL



Allergens: Contains Wheat.

Made With: CHICKEN, POPCORN SECONDARY AND DINNER

ROLL

CHICKEN, POPCORN SECONDARY W/ROLL

PER SERVING (1 serv.) 365 CALORIES 2.5g SAT FAT 980mg CARBS 36.0g CARBS

Allergens: Contains Gluten, Wheat.

Made With: CHICKEN, POPCORN HIGH SCHOOL; DINNER ROLL

W/MARGARINE (Copy of WW Cluster Dinner Roll;

MARGARINE PROMISE)

CHICKEN, POPCORN W/ROLL

PER SERVING (3 oz.)					
366	2.7 g	572 mg	33.3 g		
CALORIES	SAT FAT	SODIUM	CARBS		

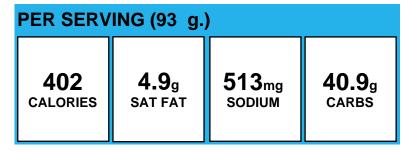
Allergens: Contains Gluten, Soy, Wheat.

Made With: CHICKEN, POPCORN TYSON ELEM (CHICKEN,

POPCORN TYSON); DINNER ROLL W/MARGARINE (Copy of WW Cluster Dinner Roll; MARGARINE

PROMISE)

CHICKEN, SRIRACHA AND PIEROGIES, MINI



Allergens: Contains Egg, Milk, Soy, Wheat.

Made With: CHICKEN, SRIRACHA BONELESS WING;

PIEROGIES, MINI (PIEROGIES, MINI)

CHICKEN, SRIRACHA WING ON STEAK ROLL

PER SERVING (1 sandwich) 412 CALORIES 1.9g SAT FAT 703mg CARBS 53.9g CARBS

Allergens: Contains Milk, Wheat.

Made With: CHICKEN, SRIRACHA BONELESS WING (CHICKEN,

SRIRACHA BONELESS WING); ROLL, STEAK #555

WGR

CHICKEN, TENDERS W/FF & ROLL

PER SERVING (1 serv.)				
505 CALORIES	2.0 g SAT FAT	775mg SODIUM	58.0 _g carbs	

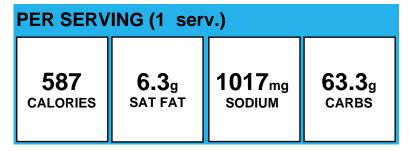
Allergens: Contains Gluten, Soy, Wheat.

Made With: CHICKEN TENDERS, TYSON 70332-928 (CHICKEN

TENDERS, TYSON 70332-928); FRENCH FRIES, SEASONED McCain ala carte; DINNER ROLL W/MARGARINE (Copy of WW Cluster Dinner Roll;

MARGARINE PROMISE)

CHICKENBURGER W/ROLL W/40Z MAC & CHS



Allergens: Contains Egg, Gluten, Milk, Soy, Wheat.

Made With: CHICKENBURGER W ROLL ADVANCE

(CHICKENBURGER, ADVANCE (CHICKENBURGER, ADVANCE); Roll hamburger wheat #85 Morabito (Bread Hamburger Bun Wheat #85)); MAC & CHS LS RF - LOL (MAC & CHS RS, RF - LOL (MAC & CHS RS, RF - LOL (MAC & CHS RS); CHS RS, RS, RS - LOL (MAC & CHS RS); CHS RS, RS - LOL (MAC &

LAND O LAKES)

CHILI, all bean VEGETARIAN

PER SERVING (6 oz.) 141 CALORIES 0.0g SAT FAT 445mg SODIUM CARBS

Allergens:

Made With: BEANS, BLACK LOW SODIUM; Beans, kidney, red,

canned dry beans, low-sodium, mature seeds, solids and liquids [100370, A086] (BEANS, CANNED, KIDNEY, LOW-SODIUM); Removed in CN21 TOMATOES, DICED, LOW-SODIUM, CANNED; Sauce Spaghetti, Red Pack, Red Gold, RPKMA9C, Veg-RO; PINTO BEANS BUSHS RED SODIUM; Salsa, Mild Nutritionally Enhanced, Red Gold, REDSC99, Veg-RO (Salsa, Mild Nutritionally Enhanced, Red Gold, REDSC99, Veg-RO); BEANS, BAKED BUSH (Beans Vegetarian Bush's Best 39400-01637); CORN, YELLOW, WHOLE KERNEL,

COOKED FROM FROZEN, NO SALT; ONIONS,RAW;

CHILI POWDER

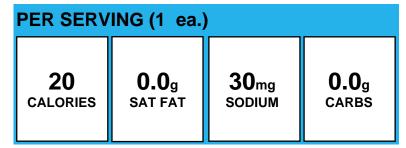
CHIPS, HERRS

PER SERVING (1/2 oz.)				
CALORIES	g	mg	g	
	SAT FAT	SODIUM	CARBS	

Allergens: Contains Soy.

Made With: CHIPS, HERRS

Condiment, Margarine, 5g portion cup



Allergens:

Made With: Condiment, Margarine, 5g portion cup

CONDIMENTS

PER SERVING (1 ea.)				
65	0.5 g	282 mg	6.8 g	
CALORIES	SAT FAT	SODIUM	CARBS	

Allergens: Contains Egg, Milk, Soy.

Made With: Ketchup, Single Serve 9 g Packets, Red Gold Inc,

7294011581, REDY59G (Ketchup, Single Serve 9 g Packets, Red Gold Inc, 7294011581, REDY59G); DRESSING, RANCH SS 12GR (DRESSING, RANCH SS 12GR); PICKLES, CUCUMBER, SWT, LO NA (INCLUDES BREAD & DUTTER PICKLES); PIZZA SHAKE TOPPER (Cheese, Parmesan Grated, MMA (CHEESE, PARMESAN, GRATED); Spices, Oregano, Dried; GARLIC POWDER; ONION

POWDER; SPICES, OREGANO, DRIED;

PEPPER, BLACK; PARSLEY, DRIED); Sauce, Sweet

and Sour 1 oz Packets, Kraft Foods,

00210006721200 (Sauce, Sweet and Sour 1 oz Packets, Kraft Foods, 00210006721200); Removed in CN20 HONEY MUSTARD DIPPING CUP; Mayonnaise, Light Packet 12g, Heinz, 532050 (Mayonnaise, Light Packet 12g, Heinz, 532050); ONIONS RAW: MARGARINE PROMISE: Mustard

ONIONS, RAW; MARGARINE PROMISE; Mustard, Packet 5.5g, Heinz, 78000839 (Mustard, Packet

5.5g, Heinz, 78000839); PICKLE

RELISH, HAMBURGER

COOKIES, J&J BENEFIT 1.850Z RF WGR

PER SERVING (1 cookie)					
193	2.1 g	174 _{mg}	33.4 _g		
CALORIES	SAT FAT	sodium	CARBS		

Allergens: Contains Egg, Milk, Soy, Wheat.

Made With: COOKIE, CHOC CHIP, RF WGR 1.850Z; COOKIE,

CANDY 1.850Z RF WGR J& J; COOKIE, DBL

CHOCO 1.850Z RF WGR J&J

Corn, golden or yellow, whole kernel, cooked from frozen, drained, without salt [100348, A130]



Allergens:

Made With: CORN, YELLOW, WHOLE KERNEL, COOKED FROM

FROZEN, NO SALT

Corn, golden or yellow, whole kernel, cooked from frozen, drained, without salt [100348, A130]

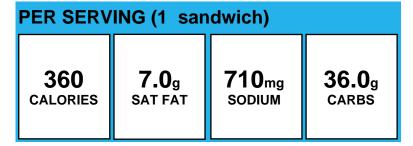


Allergens:

Made With: CORN, YELLOW, WHOLE KERNEL, COOKED FROM

FROZEN, NO SALT

CROISSANT STUFFED PEPPERONI PIZZA



Allergens: Contains Egg, Milk, Soy, Wheat.

Made With: CROISSANT STUFFED PEPPERONI PIZZA

CROISSANT, STUFFED STK, CHS

PER SERVING (1 sandwich) 390 810_{mg} **40.0**_g **9.0**_g **CALORIES SAT FAT SODIUM CARBS**

Allergens: Contains Egg, Milk, Soy, Wheat. Made With: CROISSANT, STUFFED STK, CHS

croutons

PER SERVING (1/4 Ounce Bag)					
30	0.0 g	96mg	5.1 _g		
CALORIES	SAT FAT	SODIUM	CARBS		

Allergens: Contains Gluten, Milk, Wheat.

Croutons, Fresh Gourmet Cube Seasoned .25 oz, Made With:

Sugar Foods Corporation, 74470, Non-WGR

DONUT, WG RAISED RING

PER SERVING (1 ea.)				
280	7.0 g	300mg	30.0 _g	
CALORIES	SAT FAT	SODIUM	CARBS	

Allergens: Contains Egg, Milk, Wheat.

Made With: DONUT, WG RAISED RING

DRESSING, SALAD

PER SERVING (1 1/2 fl. oz.) 51 CALORIES 0.5g SAT FAT 508mg SODIUM 9.5g CARBS

Allergens: Contains Egg, Fish, Milk, Soy.

Made With: DRESSING, RANCH LIGHT; Dressing, Caesar, Lite,

1.5 oz Pouch, Cains, 02100; DRESSING, ITALIAN FF 1.50Z; Dressing, Raspberry Vinaigrette FF SS, Ken's, KE06309; Dressing, French Fat-Free Pouch Shelf Stable, Ken's Foods Inc, KE0809B3

DUTCH WAFFLE

PER SERVING (1 ea.)						
300	3.0 g	350 mg	43.0 _g carbs			
CALORIES	SAT FAT	SODIUM				

Allergens: Contains Egg, Milk, Soy, Wheat.

Made With: Dessert, Dutch Waffle/Funnel Cake 51% Whole

Grain, 5" IW Frozen, J& J Snack Foods, 4521,

WGR

Egg McWarrior Sandwich with bacon

PER SERVING (1 ea.)				
288	4.0 g	595mg	33.6 _g	
CALORIES	SAT FAT	SODIUM	CARBS	

Allergens: Contains Egg, Gluten, Milk, Soy, Wheat.

Made With: Bread Hamburger Bun Wheat #85; Egg, Patties

Scrambled, Frozen, Sunny Fresh Foods, 40635, MMA; CHEESE, AMERICAN, PASTEURIZED, PROCESS, WHITE, SLICED; BACON, TURKEY

PREMIUM SLCD FC

Egg McWarrior Sandwich with sausage

PER SERVING (1 ea.) 352 CALORIES 5.0g SAT FAT 750mg CARBS

Allergens: Contains Egg, Gluten, Milk, Soy, Wheat.

Made With: Bread Hamburger Bun Wheat #85; Egg, Patties

Scrambled, Frozen, Sunny Fresh Foods, 40635, MMA; TURKEY, SAUSAGE PATTY 1.17OZ (TURKEY, SAUSAGE PATTY 1.17OZ); CHEESE, AMERICAN, PASTEURIZED, PROCESS, WHITE, SLICED

FIXIN'S, SANDWICH

PER SERVING (2 ounces)					
16	0.0 g	48 _{mg}	3.5 g		
CALORIES	SAT FAT	sodium	CARBS		

Allergens:

Made With: LETTUCE, ICEBERG (INCL CRISPHEAD TYPES), RAW;

Raw tomatoes; PICKLES,CUCUMBER,SWT (INCLUDES BREAD & BUTTER PICKLES)

FRENCH FRIES OVATIONS RED. SODIUM

PER SERVING (2 1/2 oz.)				
111	0.5 g	132 _{mg}	18.2 _g carbs	
CALORIES	SAT FAT	sodium		

Allergens:

Made With: Potato, Ovations Red. Sod. straight Fries, McCain,

MCF03762, Veg-S

FRENCH TOAST STIX W/SAUSAGE LINK AND HASH BROWN STIX, syrup

PER SERVING (1 serv.) 637 CALORIES 7.1g SAT FAT 895mg SODIUM 84.6g CARBS

Allergens: Contains Milk, Soy, Wheat.

Made With: French Toast Sticks WGR 37720; SAUSAGE LINK

JONES 018620; Hash Brown Stix MCX03710; Condiments, Syrup Americana, Portion Pac 1.5oz,

Heinz

FRUIT FRESH CHOICES WSD

PER SERVING (1 ea.)					
76 CALORIES	0.1 g	1 _{mg}	19.8 g		
	SAT FAT	sodium	CARBS		

Allergens:

Made With: Bananas, raw (BANANAS, RAW); Oranges, raw, all

commercial varieties, F (ORANGES,RAW,ALL COMM VAR); GRAPES,RED OR GRN (EURO TYPE,SUCH AS THOMPSON SEEDLESS),RAW; Apples, raw, with

skin, Fruit (APPLES, RAW, WITH SKIN)

FRUIT JUICE secondary

PER SERVING (1 ea.)				
91	0.0 g	12 _{mg}	23.0 _g	
CALORIES	SAT FAT	sodium	CARBS	

Allergens:

Made With: Juice, 100% Fruit, Capri Sun; Juice, Juice Bowl

Fruit Punch 100% 6.75 fl oz, Cutting Edge Beverages, 90115, F; SLUSHY WARWICK SD

(SLUSHY)

FRUIT, FRZN/CANNED CHOICES WSD

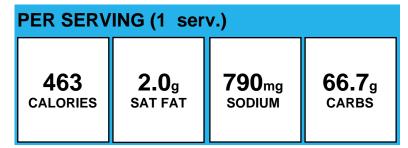
PER SERVING (1 ea.)					
82	0.0 g	4 _{mg}	20.4 g		
CALORIES	SAT FAT	sodium	CARBS		

Allergens:

Made With:

PINEAPPLE TIDBITS; Applesause (APPLESAUCE STRAWBERRY; APPLESAUCE BLUE RASPBERRY; APPLESAUCE PLAIN CUP); Pears, bartlett, canned, sliced, fruit and juice; packed in unsweetened fruit juice, light syrup, lightly sweetened fruit juice(s) and water, lightly sweetened fruit juices, or unsweetened pear juice [100224, A433] (PEARS, BARTLETT, CANNED, SLICED, JUICE PACK); STRAWBERRY CUPS USDA; Mandarin oranges #10 can; TROPICAL FRUIT; Removed in CN21 Peaches, Canned, Clingstone, Diced, Extra Light Syrup; PEACH CUPS; CRAISINS I/W (CRAISINS I/W); RAISINS, UNSWEETENED

GENERAL TSO CHICKEN W/RICE/ROLL



Allergens: Contains Egg, Gluten, Milk, Soy, Wheat.

Made With: Brown Rice Pilaf WG (SOUP, STOCK, CHICK, HOME-

PREPARED; RICE, BROWN, LONG-GRAIN, RAW; ONIONS, RAW; Removed in CN20 PEPPER BLACK, GROUND); Chicken, General Tso's Whole Grain, Green Dragon, Asian Food Solutions, 72003, MMA, WGR; DINNER ROLL W/MARGARINE (Copy of WW Cluster Dinner Roll; MARGARINE PROMISE)

HAM AND CHEESE ON PRETZEL ROLL W/TOMATO SOUP

PER SERVING (1 sandwich) 403 CALORIES 7.2g SAT FAT 1085mg SODIUM 49.8g CARBS

Allergens: Contains Gluten, Milk, Wheat.

Made With: Tomato Soup, Campbell's Foodservice,

0051000041456, Veg-RO; Pretzel Roll Bavarian WG No Sodium #7054; Turkey ham 100187; CHEESE, AMERICAN, PASTEURIZED, PROCESS, WHITE,

SLICED

HUMMUS SALAD, HS

PER SERVING (1 serv.)					
521 CALORIES	4.0 g	605mg	77.3 g		
	SAT FAT	SODIUM	CARBS		

Allergens: Contains Egg, Milk, Soy, Wheat.

Made With: SALAD LETTUCE, COS OR ROMAINE, RAW;

Removed in CN21 CARROTS, BABY-CUT, FRESH, PEELED; Hummus, roasted red pepper 3 oz Cup; Muffin, Wild Blueberry, Delicious Essentials, 2 oz, Otis Spunkmeyer, 10143, WGR (Muffin, Wild Blueberry, Delicious Essentials, 2 oz, Otis Spunkmeyer, 10143, WGR); Cheese, Light Mozzarella String Cheese, 1.0 oz, Land O'Lakes, 59703, MMA; Chips, Baked! Tostitos Scoops Tortilla, .875 oz Bag, Pepsico Foodservice, 42537,

Ketchup, Single Serve 9 g Packets, Red Gold Inc, 7294011581, REDY59G

PER SERVING (1 packet) 10 CALORIES 0.0g SAT FAT SODIUM 2.0g CARBS

Allergens:

Made With: Ketchup, Single Serve 9 g Packets, Red Gold Inc,

7294011581, REDY59G

MEATBALL SUB SEC

PER SERVING (1 sandwich)					
386 CALORIES	6.1 g SAT FAT	938 _{mg} SODIUM	45.2 _g carbs		

Allergens: Contains Egg, Milk, Soy, Wheat.

Made With: ROLL, STEAK #555 WGR; Sauce Spaghetti, Red Pack, Red Gold, RPKMA9C, Veg-RO; MEATBALL 10Z

SILVER SPRING; Removed in CN21 CHEESE, MOZZARELLA, LMPS, FROZEN, SHREDDED

MILK CHOICE

PER SERVING (8 fl. oz.)			
118	0.3 g	153 _{mg}	18.8 g
CALORIES	SAT FAT	sodium	CARBS

Allergens: Contains Milk.

Made With: Milk, Fat Free Chocolate, TruMoo, Dean, MILK (Milk,

Fat Free Chocolate, TruMoo, Dean, MILK); Milk, 1% Lowfat, Plain Milk, White, Dean, Milk; Milk, Fat Free, Vanilla, TruMoo, Dean, MILK (Milk, Fat Free, Vanilla, TruMoo, Dean, MILK); Milk, Fat Free, Strawberry, TruMoo, Dean, MILK (Milk, Fat Free, Strawberry, TruMoo, Dean, MILK); Milk, Fat Free

Milk, Swiss Premium, MILK

MINI CINNIS

PER SERVING (1 serv.)			
240	2.0 g	300mg	40.0 g
CALORIES	SAT FAT	SODIUM	CARBS

Allergens: Contains Milk, Wheat.

Made With: Mini Cinnis

MUFFIN, 40Z OTIS

PER SERVING (1 muffin)				
383	3.8 _g	260 mg	62.3 _g CARBS	
CALORIES	SAT FAT	SODIUM		

Allergens: Contains Egg, Milk, Soy, Wheat.

Made With: Muffin, Banana, Delicious Essentials, 4 oz, Otis

Spunkmeyer, 10148, WG; Muffin, Chocolate Chocolate Chip, Delicious Essentials, 4 oz, Otis Spunkmyer, 10149, WGR; Muffin, Wild Blueberry, Delicious Essentials, 4 oz, Otis Spunkmeyer,

10147, WGR

NOODLE BOWL w/ASIAN VEGGIES

PER SERVING (1 bowl)				
642	5.4 g	1568 _{mg}	64.1 _g	
CALORIES	SAT FAT	sodium	carbs	

Allergens: Contains Egg, Gluten, Soy, Wheat.

Made With: Pork, Pulled, Cooked, Frozen, USDA 110730, MMA

(Pork, Pulled, Cooked, Frozen, USDA 110730, MMA); LO MEIN NOODLE (LO MEIN NOODLE); Vegetables, Oriental Blend, Monarch, 673427, Veg-O; SOUP, VEG W/ BF BROTH, CND, PREP W/ EQ VOLUME H2O; DINNER ROLL W/MARGARINE (Copy of WW Cluster Dinner Roll; MARGARINE PROMISE); SAUCE, ASIAN BROWN BASE (SAUCE, ASIAN BROWN BASE); SAUCE, GENERAL TSO (SAUCE,

GENERAL TSO)

PASTA BAR W/ROLL

PER SERVING (1 serv.)

436
CALORIES

4.6g
SAT FAT
SODIUM
53.4g
CARBS

Allergens: Contains Egg, Gluten, Milk, Soy, Wheat.

Made With: ROTINI, WHOLE GRAIN, COOKED, NO SALT

ADDED; Sauce, Multi-Purpose Spaghetti, Red Pack, Red Gold, RPKMA9C, Veg-RO; BEEF CRUMBLES (Beef, Crumbles with TVP, Fully Cooked, Frozen, Maid Rite, 75156-93500, MMA); DINNER ROLL W/MARGARINE (Copy of WW Cluster Dinner Roll; MARGARINE PROMISE); Sauce, Alfredo Sauce, Presentations, 4/4# Pouches, non creditable; Chicken, Fajita, Commodity, D-40, MMA, Non-WG, Veg-RO; MDC Meatballs, Italian Style Meatbals .5 oz Soy added, Tyson, 7356-328, MMA; SPAGHETTI, WHOLE GRAIN, COOKED, NO SALT ADDED; Pasta, Lasagna Rollup, Whole Grain Cheese, Tasty Brands, 00801WG, MMA, WGR; Pasta, Stuffed Shells, Whole Grain Cheese, Tasty Brands, 00803WG, MMA, WG; Pasta, Ravioli, Whole Grain Jumbo Cheese, Tasty Brands, 00804WG, MMA, WGR

Peas & Carrots

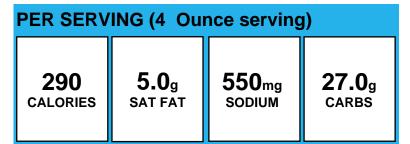
PER SERVING (1/2 c.)			
38	0.1 g	54 mg	8.1 _g
CALORIES	SAT FAT	SODIUM	CARBS

Allergens:

Made With: PEAS& CARROTS, FRZ, CKD, BLD, DRND, WO/SAL

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PEPPERONI PIZZA BREADSTICKS



Allergens: Contains Milk, Soy, Wheat.

Made With: PEPPERONI PIZZA BREADSTICKS

Pizza Cheese Crunchers WGR MMA 65225

PER SERVING (2 piece) 210 CALORIES 4.5g SAT FAT 400mg CARBS

Allergens: Contains Milk, Wheat.

Made With: Pizza Cheese Crunchers Whole Grain, Rich's

Foodservice, 65225, WGR, MMA

PIZZA STIX - SCHWANS

PER SERVING (3 PIZZA STICKS)				
450	9.0 g	735 mg	45.0 _g carbs	
CALORIES	SAT FAT	SODIUM		

Allergens: Contains Egg, Gluten, Milk, Soy, Wheat.

Made With: PIZZA STIX - SCHWANS

PIZZA, 4 MEAT

PER SERVING (1/8 slice)			
370	7.0 g	650 mg	36.0 _g carbs
CALORIES	SAT FAT	SODIUM	

Allergens: Contains Milk, Soy, Wheat.

Made With: PIZZA, 4 MEAT

PIZZA, BIG DADDY

PER SERVING (1 slice) **580**mg 400 43.0_g **9.0**_g **CALORIES SAT FAT SODIUM CARBS**

Allergens: Contains Gluten, Milk, Soy, Wheat.

Made With: Pizza, Big Daddy's Original, 16" Rolled Edge

Cheese, Schwan's Food Service Inc., 73142, MMA,

Non-WG

PIZZA, BUFFALO CHICKEN

PER SERVING (1/8 slice)				
390	7.0 g	750 mg	35.0 _g carbs	
CALORIES	SAT FAT	SODIUM		

Allergens: Contains Milk, Soy, Wheat. Made With: PIZZA, BUFFALO CHICKEN

PIZZA, EGG & CHEESE

PER SERVING (1 slice)			
350	11.0 g	450mg	25.0 _g carbs
CALORIES	SAT FAT	SODIUM	

Allergens: Contains Egg, Milk, Wheat. Made With: PIZZA, EGG & amp; CHEESE

PIZZA, MICKEY'S NON-WG

PER SERVING (1 slice) 330 CALORIES 10.0g SAT FAT 460mg CARBS CARBS

Allergens: Contains Milk, Wheat.

Made With: PIZZA, MICKEY'S NON-WG

PORK BBQ SANDWICH - BROOKWOOD

PER SERVING (1 sandwich)			
469	6.0 _g	523 mg	49.0 _g
CALORIE	sat fat	SODIUM	CARBS

Allergens: Contains Gluten, Wheat.

Made With: Pork, BBQ Chopped, Brookwood Farms, 12307,

MMA; Roll hamburger wheat #85 Morabito (Bread

Hamburger Bun Wheat #85)

QUESADILLA M&C

PER SERVING (4 7/8 oz.)			
375	6.0 g	390 mg	47.0 _g carbs
CALORIES	SAT FAT	SODIUM	

Allergens: Contains Egg, Milk, Soy, Wheat.

Made With: QUESADILLA M&C

Relish Tray

PER SERVING (5 oz.) 34 CALORIES 0.1g SAT FAT 68mg CARBS 7.9g CARBS

Allergens:

Made With: CARROTS, BABY, RAW; CELERY, RAW;

CUCUMBER, WITH PEEL, RAW; PEPPERS, SWT, GRN, RAW

RICE, SOUTHWEST

PER SERVING (4 oz.)				
92	0.1 g	3 _{mg}	21.4 _g carbs	
CALORIES	SAT FAT	sodium		

Allergens:

Made With: CORN, YELLOW, WHOLE KERNEL, COOKED FROM

FROZEN, NO SALT; Vegetables, Onions and Green

Peppers, Cooked, Veg-O (ONIONS,RAW;

PEPPERS,SWT,GRN,RAW); RICE, COOKED - WGR LONG GRN (Water, Tap, Municipal; RICE, BROWN WG (RICE, BROWN WG)); PEPPER,RED OR

WG (RICE, BROWN WG)); PEPPER,

CAYENNE

Roasted Cauliflower with Turmeric, Veg-O

PER SERVING (1/2 c.)

55
CALORIES

0.7g
SAT FAT

150mg
CARBS

Allergens:

Made With: CAULIFLOWER,CKD,BLD,DRND,WO/SALT;

OIL,SESAME,SALAD OR COOKING; OIL,OLIVE,SALAD OR COOKING; TURMERIC,GROUND; SALT,TABLE

SALAD Lettuce, cos or romaine, raw

PER SERVING (1 c.)				
O CALORIES	0.0 g	O _{mg}	0.0 g	
	SAT FAT	SODIUM	CARBS	

Allergens:

Made With: SALAD LETTUCE, COS OR ROMAINE, RAW

SALAD, DELI - SECONDARY

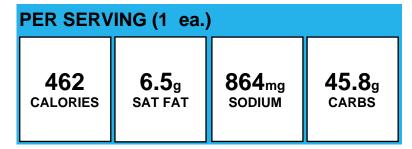
PER SERVING (4 oz.)				
143	0.8 g	285mg	21.4 _g	
CALORIES	SAT FAT	SODIUM	CARBS	

Allergens: Contains Egg, Milk, Soy, Wheat.

Made With:

Pasta Salad (mediterranean blend; ROTINI - NON-WG; Tomatoes, red, ripe, raw, year round average (TOMATOES, RED, RIPE, RAW, YEAR RND AVERAGE); DRESSING, ITALIAN FF 1.50Z (DRESSING, ITALIAN FF 1.50Z)); Potato Salad (POTATOES, BKD, FLESH & amp; amp; SKN, WO/ SALT; Condiment, Light Mayonnaise, Gallon, Cains, 261G; Milk, Fat Free Milk, Swiss Premium, MILK; VINEGAR, DISTILLED; SUGARS, GRANULATED; SALT, TABLE; Onions, raw (ONIONS, RAW); Mustard, Classic Yellow 7g pkt, French's Foodservice, 56200-96536; Removed in CN20 PEPPER BLACK, GROUND; PARSLEY, DRIED); Cole Slaw crunchy (CABBAGE, RAW; Condiment, Light Mayonnaise, Gallon, Cains, 261G; Tangerines, (mandarin oranges), canned, light syrup pack (TANGERINES, (MANDARIN ORANGES), CND, LT SYRUP PK); WALNUTS, ENGLISH; Milk, Fat Free Milk, Swiss Premium, MILK; Celery, raw (CELERY, RAW); VINEGAR, DISTILLED; SUGARS, GRANULATED); Black Bean & EANS, Corn Fiesta Salad (BEANS, BLACK LOW SODIUM; Corn, golden or yellow, whole kernel, cooked from frozen, drained, without salt [100348, A130] (CORN, YELLOW, WHOLE KERNEL, COOKED FROM FROZEN, NO SALT); ONIONS, RAW; Tomatoes, red, ripe, raw, year round average (TOMATOES, RED, RIPE, RAW, YEAR RND AVERAGE); PEPPERS,SWT,RED,RAW; PEPPERS, SWT, GRN, RAW; DRESSING, ITALIAN FF 1.50Z; SAUCE,SWT & amp; amp; SOUR,RTS; SALT, TABLE; Spice, Ground Cumin, Monarch, 203859; PEPPER, BLACK); THREE BEAN SALAD (PINTO BEANS BUSHS RED SODIUM; Kidney Beans, Dark Red Kidney Beans in Brine, Canned, Nifda, 8036650608, Veg-BP; Beans Garbanzo; DRESSING, ITALIAN FF 1.50Z (DRESSING, ITALIAN FF 1.50Z); Onions, raw (ONIONS, RAW); Celery, raw (CELERY, RAW))

Salads Secondary



Allergens: Contains Egg, Fish, Gluten, Milk, Soy, Wheat.

Made With: Salad Southwest (SALAD LETTUCE, COS OR ROMAINE, RAW; CHICKEN, HOT N SPICY WGR

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3.490Z; Tomatoes, red, ripe, raw, year round average (TOMATOES, RED, RIPE, RAW, YEAR RND AVERAGE); Salsa, Mild Nutritionally Enhanced, Red Gold, REDSC99, Veg-RO; CHEESE CHEDDAR RF SHREDDED COMM 100012; TORTILLA STRIPS -FRITO LAY (TORTILLA STRIPS - FRITO LAY)); Salad Ribbon (SALAD LETTUCE, COS OR ROMAINE, RAW; DINNER ROLL W/MARGARINE (Copy of WW Cluster Dinner Roll; MARGARINE PROMISE); Raw tomatoes; Turkey ham 100187; Eggs, Diced Eggs, Premium, Frozen, Sunny Fresh Foods, 40005, MMA; CHEESE CHEDDAR RF SHREDDED COMM 100012; Graham Crackers 3 ct Nabisco (Graham Crackers 3 ct Nabisco)); Salad Orange (SALAD LETTUCE, COS OR ROMAINE, RAW; Oranges, raw, all commercial varieties, F (ORANGES, RAW, ALL COMM VAR); GRAPES, AMERICAN TYPE (SLIP SKN), RAW; Muffin, Wild Blueberry, Delicious Essentials, 2 oz, Otis Spunkmeyer, 10143, WGR (Muffin, Wild Blueberry, Delicious Essentials, 2 oz, Otis Spunkmeyer, 10143, WGR); DINNER ROLL W/MARGARINE (Copy of WW Cluster Dinner Roll; MARGARINE PROMISE); SUNFLOWER SEEDS 88090 (SUNFLOWER SEEDS 88090); Cheese, Mozzarella, low moisture part skim milk (LMPS), frozen, shredded (contains 30-45% milkfat by weight of the solids) [100021, B037] (Cheese, Mozzarella, low moisture part skim milk (LMPS), frozen, shredded (contains 30-45% milkfat by weight of the solids) [100021]); Onions, raw (ONIONS, RAW)); Salad Grilled Caesar (SALAD LETTUCE, COS OR ROMAINE, RAW; CHICKEN STRIPS, GRILLED; Dressing, Caesar, Lite, 1.5 oz Pouch, Cains, 02100; DINNER ROLL W/MARGARINE (Copy of WW Cluster Dinner Roll; MARGARINE PROMISE); Croutons, Fresh Gourmet Country Cut Whole Grain Cheese Garlic Bulk, Sugar Foods Corporation, 74581, WGR; CHEESE, PARMESAN); Salad Grilled Chicken (SALAD LETTUCE, COS OR ROMAINE, RAW; CHICKEN STRIPS, GRILLED; Tomatoes, red, ripe, raw, year round average (TOMATOES, RED, RIPE, RAW, YEAR RND AVERAGE); DINNER ROLL W/MARGARINE (Copy of WW Cluster Dinner Roll; MARGARINE PROMISE); TORTELLINI, CHEESE (TORTELLINI, CHEESE); CHEESE CHEDDAR RF SHREDDED COMM 100012; GRAHAMS, SCOOBY DOO (Graham Cracker, Keebler Scooby-Doo Graham Cracker Sticks, Cinnamon, 1 oz, Kellogg's, 50689, WGR); Cucumber, with peel, raw (CUCUMBER, WITH PEEL, RAW)); SALAD, VEGAN (SALAD LETTUCE, COS OR ROMAINE, RAW; Hummus, roasted red pepper 3 oz Cup; PEPPERS,SWT,GRN,RAW; Removed in CN21 CARROTS, BABY-CUT, FRESH, PEELED; Tomatoes, red, ripe, raw, year round average (TOMATOES, RED, RIPE, RAW, YEAR RND AVERAGE); DINNER ROLL W/MARGARINE (Copy of WW Cluster Dinner Roll; MARGARINE PROMISE); SUNFLOWER SEEDS 88090 (SUNFLOWER SEEDS 88090); Cucumber, with peel, raw (CUCUMBER, WITH PEEL, RAW); Graham Crackers 3 ct Nabisco (Graham Crackers 3 ct Nabisco)); HUMMUS SALAD, HS (SALAD LETTUCE, COS OR ROMAINE, RAW; Removed in CN21 CARROTS, BABY-CUT, FRESH, PEELED; Hummus, roasted red pepper 3 oz Cup; Muffin, Wild Blueberry, Delicious Essentials, 2 oz, Otis Spunkmeyer, 10143, WGR (Muffin, Wild Blueberry, Delicious Essentials, 2 oz, Otis Spunkmeyer, 10143, WGR); Cheese, Light Mozzarella String Cheese, 1.0 oz, Land O'Lakes, 59703, MMA; Chips, Baked! Tostitos Scoops Tortilla, .875 oz Bag, Pepsico Foodservice, 42537, WG)

Sandwich Fish HS

PER SERVING (1 ea.) 340 CALORIES 2.0g SAT FAT 540mg CARBS CARBS

Allergens: Contains Fish, Gluten, Milk, Soy, Wheat.

Made With: Fish RF Pollock and cheese portions 3.6 pz; Bread

Hamburger Bun Wheat #85

Sandwich Hot Turkey bacon cheese on kaiser roll

P	PER SERVING (1 ea.)				
(308 CALORIES	2.5 g SAT FAT	985mg SODIUM	37.6 _g carbs	

Allergens: Contains Milk, Wheat.

Made With: Turkey Breast Sliced 846902 Nat'l Choice; Kaiser

Roll Morabito #163; BACON, TURKEY PREMIUM SLCD FC; CHEESE, AMERICAN, PASTEURIZED,

PROCESS, WHITE, SLICED

Sandwich Line High School

PER SERVING (1 ea.) 342 CALORIES 5.4g SAT FAT 983mg CARBS CARBS

Allergens: Contains Milk, Wheat.

Made With: Sub Turkey and cheese Secondary (ROLL, STEAK

#555 WGR; Turkey Breast Sliced 846902 Nat'l Choice; CHEESE, AMERICAN, PASTEURIZED, PROCESS, WHITE, SLICED; SALAD LETTUCE, COS OR ROMAINE, RAW; Raw tomatoes); Sub Italian Secondary (ROLL, STEAK #555 WGR; Sandwich Meat Italian Combo Meat Jennie-O (Turkey Italian ham pack 209612; Turkey Italian salami pack 209612; Turkey Italian Pepperoni pack 209612); CHEESE, AMERICAN, PASTEURIZED, PROCESS, WHITE, SLICED; SALAD LETTUCE, COS OR

ROMAINE, RAW; Raw tomatoes); Subs Ham & Cheese Secondary (ROLL, STEAK #555 WGR; HAM, FC, SLICED USDA; SALAD LETTUCE, COS OR

ROMAINE, RAW; CHEESE, AMERICAN,

PASTEURIZED, PROCESS, WHITE, SLICED; Raw

tomatoes)

SLUSHY WARWICK SD

PER SERVING (6 fl. oz.)				
100	0.0 g	O mg	24.0 _g CARBS	
CALORIES	SAT FAT	SODIUM		

Allergens:

Made With: SLUSHY

Stromboli WG homemade

PER SERVING (1 piece) 538 CALORIES 6.4g SAT FAT 988mg SODIUM 69.5g CARBS

Allergens: Contains Milk, Soy, Wheat.

Made With: PIZZA DOUGH WGR (STROMBOLI); BEEF

SANDWICH STEAK SLICES CN; Sandwich Meat Italian Combo Meat Jennie-O (Turkey Italian ham pack 209612; Turkey Italian salami pack 209612; Turkey Italian Pepperoni pack 209612); STEAK SAUCE (Ketchup, Natural Low Sodium, Made With Sugar, 9 Gram Packets, Red Gold, REDYL9G; SUGARS,GRANULATED; VINEGAR,DISTILLED; Sugar, Brown Light Granulated, Monarch, 229745; Sauce, Worcestershire; Juice, Reconstituted Lemon, Bottled); CHEESE, AMERICAN, PASTEURIZED,

PROCESS, WHITE, SLICED

SUBWAY SANDWICH

PER SERVING (1 sandwich)				
142	2.2 g	482 mg	17.1 g	
CALORIES	SAT FAT	SODIUM	CARBS	

Allergens: Contains Gluten, Milk, Soy, Wheat.

Made With: SUBWAY CLUB; SUBWAY ROAST BEEF; SUBWAY,

TURKEY BREAST; SUBWAY, HAM; SUBWAY,

VEGGIE DELITE

TACO FIXIN'S

PER SERVING (3 oz.)				
CALORIES	g	mg	g	
	SAT FAT	SODIUM	CARBS	

Allergens:

Made With: Vegetable, Lettuce, Iceberg, Shredded, Markon,

Veg-O (Vegetable, Lettuce, Iceberg, Shredded, Markon, Veg-O); Salsa, Mild Nutritionally Enhanced, Red Gold, REDSC99, Veg-RO (Salsa, Mild Nutritionally Enhanced, Red Gold, REDSC99, Veg-RO); Removed in CN20 SOUR CREAM; Tomatoes, Raw, Cherry, Commodity, Veg- RO (Tomatoes, Raw, Cherry, Commodity, Veg- RO);

GUACAMOLE (GUACAMOLE)

TANGERINE CHICKEN W/RICE AND WGR ROLL

PER SERVING (1 serv.)				
570 CALORIES	2.4 g	835 _{mg}	91.1 _g	
	SAT FAT	sodium	carbs	

Allergens: Contains Egg, Gluten, Soy, Wheat.

Made With: Brown Rice Pilaf WG (SOUP,STOCK,CHICK,HOME-

PREPARED; RICE, BROWN, LONG-GRAIN, RAW; ONIONS, RAW; Removed in CN20 PEPPER BLACK, GROUND); Chicken, Tangerine, Whole Grain, Green Dragon, Asian Food Solutions, 72001, MMA, WGR; DINNER ROLL W/MARGARINE (Copy of WW Cluster

Dinner Roll; MARGARINE PROMISE)

TURKEY MASHED POTATO BOWL W/BISCUIT

PER SERVING (1 serv.) 516 CALORIES 7.1g SAT FAT 1331mg CARBS 62.8g CARBS

Allergens: Contains Gluten, Milk, Soy, Wheat.

Made With: TURKEY W/GRAVY D/W (TURKEY W/GRAVY D/W);

POTATOES, MASHED (POTATOES, MASHED); CORN, YELLOW, WHOLE KERNEL, COOKED FROM FROZEN, NO SALT; BISCUIT (BISCUIT - 2B)

Vegetable, Broccoli Seasoned, Veg-DG

PER SERVING (1/2 c.)				
58	1.6 g	44 _{mg}	4.9 g	
CALORIES	SAT FAT	sodium	CARBS	

Allergens: Contains Soy.

Made With: BROCCOLI,FRZ,CHOPD,CKD,BLD,DRND,WO/SALT;

Margarine, Glenview Farms, 3719

Vegetable, Broccoli, No Salt Added, Frozen, USDA Foods, 110473, VEG-DG



Allergens:

Made With: Vegetable, Broccoli, No Salt Added, Frozen, USDA

Foods, 110473, VEG-DG

Vegetable, Peas w/ Margarine, Veg-S

PER SERVING (1/2 c.) 104 CALORIES 0.9g SAT FAT 99mg CARBS 16.2g CARBS

Allergens:

Made With: PEAS, GREEN, COOKED FROM FROZEN, WITHOUT

SALT; Margarine, Solid, Glenview Farms, 230405

Vegetables, Oriental Blend, Monarch, 673427, Veg-O

PER SERVING (1/2 c.)				
30	0.0 g	20 mg	5.0 g	
CALORIES	SAT FAT	SODIUM	CARBS	

Allergens:

Made With: Vegetables, Oriental Blend, Monarch, 673427, Veg-

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WALKING TACO W/ROLL

PER SERVING (1 serv.)				
555	7.1 g	1107 _{mg}	42.2 _g carbs	
CALORIES	SAT FAT	sodium		

Allergens: Contains Gluten, Milk, Soy, Wheat.

Made With: TACO MEAT, CHICKEN (TACO MEAT - CHICKEN

TYSON); DINNER ROLL W/MARGARINE (Copy of WW Cluster Dinner Roll; MARGARINE PROMISE); CHEESE CHEDDAR RF SHREDDED COMM 100012; REDUCED FAT NACHO CHEESE DORITOS(R)

WALKING TACO w/ROLL SECONDARY

PER SERVING (1 serv.) 595 CALORIES 6.0g SAT FAT 1086mg CARBS CARBS

Allergens: Contains Gluten, Milk, Soy, Wheat.

Made With: TACO MEAT, CHICKEN (TACO MEAT - CHICKEN

TYSON); NACHOS BARREL OF FUN (NACHOS BARREL OF FUN); DINNER ROLL W/MARGARINE (Copy of WW Cluster Dinner Roll; MARGARINE PROMISE); CHEESE CHEDDAR RF SHREDDED

COMM 100012

WRAPS - HIGH SCHOOL

PER SERVING (1 wrap)				
489	7.1 g	905mg	49.9 _g	
CALORIES	SAT FAT	SODIUM	CARBS	

Allergens: Contains Milk, Soy, Wheat.

Made With:

Wrap Hot and Spicy Chicken Secondary (Chicken, Hot 'N Spicy, Whole Grain Patty, Tyson Foodservice, 70314-928, MMA, WG; Tortilla Flour Whole Wheat 12"; Raw tomatoes; Removed in CN21 CHEESE, MOZZARELLA, LMPS, FROZEN, SHREDDED; Vegetable, Lettuce, Iceberg, Shredded, Markon, Veg-O (Vegetable, Lettuce, Iceberg, Shredded, Markon, Veg-O)); Wraps Grilled Chicken Secondary (Tortilla Flour Whole Wheat 12"; CHICKEN STRIPS, GRILLED; Removed in CN21 CHEESE, MOZZARELLA, LMPS, FROZEN, SHREDDED; Raw tomatoes; Vegetable, Lettuce, Iceberg, Shredded, Markon, Veg-O (Vegetable, Lettuce, Iceberg, Shredded, Markon, Veg-O)); Wraps Turkey Secondary (Tortilla Flour Whole Wheat 12"; Turkey Breast Sliced 846902 Nat'l Choice; Vegetable, Lettuce, Iceberg, Shredded, Markon, Veg-O (Vegetable, Lettuce, Iceberg, Shredded, Markon, Veg-O); Removed in CN21 CHEESE, MOZZARELLA, LMPS, FROZEN, SHREDDED; Raw tomatoes); Wraps Asian Secondary (CHICKEN, POPCORN TYSON; Tortilla Flour Whole Wheat 12"; Raw tomatoes; Vegetable, Lettuce, Iceberg, Shredded, Markon, Veg-O (Vegetable, Lettuce, Iceberg, Shredded, Markon, Veg-O); SAUCE, ORANGE MINOR'S ZESTY (SAUCE, ORANGE MIONORS); Removed in CN21 CHEESE, MOZZARELLA, LITE, FROZEN, SHREDDED); Wrap BBQ Secondary (Tortilla Flour Whole Wheat 12"; Removed in CN21 CHICKEN, DICED, COOKED, IQF, MEAT ONLY; Condiment, Barbecue Sauce, Sweet Baby Ray's; Removed in CN21 CHEESE, MOZZARELLA, LMPS, FROZEN, SHREDDED; Raw tomatoes; Vegetable, Lettuce, Iceberg, Shredded, Markon, Veg-O (Vegetable, Lettuce, Iceberg, Shredded, Markon, Veg-O)); Wrap Buffalo Secondary (Tortilla Flour Whole Wheat 12" Removed in CN21 CHICKEN, DICED, COOKED, IQF, MEAT ONLY; Removed in CN21 CHEESE, MOZZARELLA, LMPS, FROZEN, SHREDDED; Raw tomatoes; Vegetable, Lettuce, Iceberg, Shredded, Markon, Veg-O (Vegetable, Lettuce, Iceberg, Shredded, Markon, Veg-O); Sauce, Hot, 1 Gallon, Texas Pete, 75500-00012); Wraps Ham & Damp; Cheese Secondary (Tortilla Flour Whole Wheat 12"; HAM, FC, SLICED USDA; Removed in CN21 CHEESE, MOZZARELLA, LMPS, FROZEN, SHREDDED; Vegetable, Lettuce, Iceberg, Shredded, Markon, Veg-O (Vegetable, Lettuce, Iceberg, Shredded, Markon, Veg-O); Raw tomatoes); Wrap Veggie Secondary (Tortilla Flour Whole Wheat 12"; Removed in CN21 CHEESE, MOZZARELLA, LMPS, FROZEN, SHREDDED; BROCCOLI, RAW; CAULIFLOWER, RAW; Raw tomatoes; Vegetable, Lettuce, Iceberg, Shredded, Markon, Veg-O (Vegetable, Lettuce, Iceberg, Shredded, Markon, Veg-O);

PEPPERS,SWT,GRN,RAW)

Yogurt parfait, sunflower seeds or string cheese, 1B snack bag

PER SERVING (1 ea.)				
268	2.1 _g	217 _{mg}	40.7 _g carbs	
CALORIES	SAT FAT	sodium		

Allergens: Contains Milk, Soy, Wheat.

Made With: Yogurt Parfait (Yogurt, Lowfat Vanilla 32 oz,

Yoplait, General Mills, 439000, MMA (Yogurt, Lowfat Vanilla 32 oz, Yoplait, General Mills, 439000, MMA); STRAWBERRY CUPS USDA; GRANOLA, NV OATS AND HONEY (GRANOLA, NV OATS AND HONEY)); Snack Bag elementary 1B (GRAHAMS, SCOOBY DOO (Graham Cracker, Keebler Scooby-Doo Graham Cracker Sticks, Cinnamon, 1 oz, Kellogg's, 50689, WGR); Removed in CN20 COOKIES, GRAHAM CRACKERS, CINNAMON, BUG BITES; Removed in CN20 SNACK MIX, ULTIMATE CHEDDAR; Granola, strawberry (Granola, strawberry)); SUNFLOWER SEEDS (SUNFLOWER SEEDS