




# WARWICK MIDDLE SCHOOL MENU MARCH 2010



Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 Oven baked chicken, mashed potatoes, green beans, dinner roll, choice of fruit and milk.</p> <p>#2 Sub or wrap, choice of fruit or 100% fruit slushy, relish tray and milk</p> <p><b><u>SANDWICH W/SOUP OR SALAD</u></b> #3 Soups: Dinosaur soup or cream of potato</p> <p>Sandwich choice: Egg salad, Deli Turkey</p> <p>Warrior: Pizza and soft pretzel</p>	<p>2 Walking Taco, seasoned rice, fixin's bar, dinner roll, baby carrots, choice of fruit and milk</p> <p>#2 Sub or wrap, choice of fruit or 100% fruit slushy, relish tray and milk</p> <p><b><u>SANDWICH W/SOUP OR SALAD</u></b> #3 Soups: Dinosaur soup or Chicken pot pie</p> <p>Sandwich choice: Egg salad or Chicken cordon blue</p> <p>Warrior: Bacon Cheeseburger and soft pretzel</p>	<p>3 Popcorn chicken, seasoned potatoes, choice of fruit, dinner roll and milk.</p> <p>#2 Sub or wrap, choice of fruit or 100% fruit slushy, relish tray and milk</p> <p><b><u>SANDWICH W/SOUP OR SALAD</u></b> #3 Soups: Dinosaur soup or Cream of broccoli</p> <p>Sandwich choice: Egg Salad, Salisbury steak</p> <p>Warrior: Sweet n' Sour Oriental Chicken</p>	<p>4 Hot ham n'cheese on pretzel roll, dinosaur dinner, green beans, choice of fruit and milk.</p> <p>#2 Sub or wrap, choice of fruit or 100% fruit slushy, relish tray and milk.</p> <p><b><u>#3 Self-Serve Pasta Bar:</u></b> Spaghetti, rotini, meat sauce, plain sauce, chicken alfredo and plain alfredo</p> <p>Sandwich choice: Egg salad</p> <p>Warrior: Mozzarella sticks and cookie</p>	<p>5 Stuffed crust pizza, hash brown stix, veggies w/dip, choice of fruit and milk.</p> <p>#2 Sub or wrap, choice of fruit or 100% fruit slushy, relish tray and milk.</p> <p><b><u>SANDWICH W/SOUP OR SALAD</u></b> #3 Soups: Dinosaur soup or beef noodle</p> <p>Sandwich choice: Egg salad, Ham &amp; cheese croissant or Fish Sandwich</p> <p>Warrior: Chicken fries and soft pretzel</p>
<p>8 Flat bread sandwich featuring sirloin beef tips w/cheese, veggies w/dip, choice of fruit and milk.</p> <p>#2 Sub or wrap, choice of fruit or 100% fruit slushy, relish tray and milk.</p> <p><b><u>SANDWICH W/SOUP OR SALAD</u></b> #3 Soups: Chicken noodle or cream of potato</p> <p>Sandwich choice: Ham salad, Mini cheeseburger sub</p> <p>Warrior: Pizza and soft pretzel</p>	<p>9 Chicken nuggets, mashed potatoes, peas, dinner roll, choice of fruit and milk</p> <p>#2 Sub or wrap, choice of fruit or 100% fruit slushy, relish tray and milk.</p> <p><b><u>SANDWICH W/SOUP OR SALAD</u></b> #3 Soups: Chicken noodle or French Onion</p> <p>Sandwich choice: Ham salad, Roast Beef sandwich</p> <p>Warrior: Bacon Cheeseburger and soft pretzel</p>	<p>10 Macaroni and cheese, broccoli, tossed salad, dinner roll, fruit and milk.</p> <p>#2 Sub or wrap, choice of fruit or 100% fruit slushy, relish tray and milk.</p> <p><b><u>SANDWICH W/SOUP OR SALAD</u></b> #3 Soups: Chicken noodle or cream of broccoli</p> <p>Sandwich choice: Ham salad, cheese croissant</p> <p>Warrior: Sweet n' Sour Oriental Chicken</p>	<p>11 Chickenburger or chicken parmesan on roll, green beans, seasoned rotini, fresh fruit and milk.</p> <p>#2 Sub or wrap, choice of fruit or 100% fruit slushy, relish tray and milk.</p> <p><b><u>SANDWICH W/SOUP OR SALAD</u></b> #3 Soups: Chicken noodle or Tomato rice soup</p> <p>Sandwich choice: Ham salad, Deli sub</p> <p>Warrior: Mozzarella sticks and cookie</p>	<p>12</p> <p><b>*NO SCHOOL* IN-SERVICE DAY</b></p>  <p><b>DAYLIGHT SAVING TIME BEGINS MARCH 14TH</b></p>
<p>15 Chicken fries, steamed broccoli, dinner roll, choice of fruit and milk.</p> <p>#2 Sub or wrap, choice of fruit or 100% fruit slushy, relish tray and milk.</p> <p><b><u>SANDWICH W/SOUP OR SALAD</u></b> #3Soups: Dinosaur soup or cream of potato</p> <p>Sandwich choice: Tuna salad, sweet bologna sandwich</p> <p>Warrior: Pizza and soft pretzel</p>	<p>16 Roast turkey, mashed potatoes w/gravy, corn, dinner roll, cookie, fresh fruit and milk.</p> <p>#2 Sub or wrap, choice of fruit or 100% fruit slushy, relish tray and milk.</p> <p><b><u>SANDWICH W/SOUP OR SALAD</u></b> #3 Soups: Dinosaur soup or Cream of broccoli</p> <p>Sandwich choice: Tuna salad, Cheeseburger</p> <p>Warrior: Bacon Cheeseburger and soft pretzel</p>	<p>17 Popcorn chicken, seasoned potatoes, dinner roll, fruit, St. Patrick's Day cake and milk.</p> <p>#2 Sub or wrap, choice of fruit or 100% fruit slushy, relish tray and milk.</p> <p><b><u>SANDWICH W/SOUP OR SALAD</u></b> #3 Soups: Dinosaur soup or Cream of broccoli</p> <p>Sandwich choice: Tuna salad, cheeseburger</p> <p>Warrior: Sweet n' Sour Oriental Chicken</p>	<p>18 Walking Taco, seasoned rice, fixin's bar, dinner roll, baby carrots, choice of fruit and milk</p> <p>#2 Sub or wrap, choice of fruit or 100% fruit slushy, relish tray and milk.</p> <p><b><u>#3 Self-Serve Baked Potato bar:</u></b> Potatoes, bacon bits, broccoli and cheese, chili, sour cream, cheese sauce and shredded cheese.</p> <p>Sandwich choice: Tuna salad</p> <p>Warrior: Mozzarella sticks and cookie</p>	<p>19 Cheese Quesadilla, hash brown stix, fruit juice, cookie, choice of fruit and milk.</p> <p>#2 Sub or wrap, choice of fruit or 100% fruit slushy, relish tray and milk.</p> <p><b><u>SANDWICH W/SOUP OR SALAD</u></b> #3 Soups: Dinosaur soup or Vegetable Beef</p> <p>Sandwich choice: Tuna Salad, Chickenburger or Fish sandwich</p> <p>Warrior: Chicken fries and soft pretzel</p>

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<p>22 Hot dog w/mashed potatoes, sauerkraut, corn, choice of fruit and milk.</p> <p>#2 Sub or wrap, choice of fruit or 100% fruit slushy, relish tray and milk</p> <p><b><u>SANDWICH W/SOUP OR SALAD</u></b> #3 Soups: Chicken corn noodle or cream of potato</p> <p>Sandwich choice: Chicken salad, Rib B-que sandwich</p> <p>Warrior: Pizza and soft pretzel</p>	<p>23 Hot ham n' cheese on pretzel roll, dinosaur dinner, green beans, choice of fruit and milk.</p> <p>#2 Sub or wrap, choice of fruit or 100% fruit slushy, relish tray and milk.</p> <p><b><u>SANDWICH W/SOUP OR SALAD</u></b> #3 Soups: Chicken corn noodle or Lumberjack vegetable</p> <p>Sandwich choice: Chicken salad, Chicken nuggets w/roll</p> <p>Warrior: Bacon Cheeseburger with soft pretzel</p>	<p>24 Cheese pizza, veggies w/dip, fresh fruit, soft pretzel and milk.</p> <p>#2 Sub or wrap, choice of fruit or 100% fruit slushy, relish tray and milk.</p> <p><b><u>SANDWICH W/SOUP OR SALAD</u></b> #3 Soups: Chicken corn noodle or Cream of broccoli</p> <p>Sandwich choice: Chicken salad, Ham &amp; cheese wrap</p> <p>Warrior: Sweet n' Sour Oriental Chicken</p>	<p>25 Nacho's and cheese, seasoned rice, vegetarian beans, fruit juice or choice of fruit, dinner roll and milk.</p> <p>#2 Sub or wrap, choice of fruit or 100% fruit slushy, relish tray and milk.</p> <p><b><u>SANDWICH W/SOUP OR SALAD</u></b> #3 Soups: Chicken corn noodle or Pasta Fagioli</p> <p>Sandwich choice: Chicken salad, Roast beef wrap</p> <p>Warrior: Mozzarella sticks and cookie</p>	<p>26 Pizza sticks, relish tray w/dip, choice of fruit and milk.</p> <p>#2 Sub or wrap, choice of fruit or 100% fruit slushy, relish tray and milk</p> <p><b><u>SANDWICH W/SOUP OR SALAD</u></b> #3 Soups: Chicken corn noodle or Tomato</p> <p>Sandwich choice: Chicken salad, Hot pocket or Fish sandwich</p> <p>Warrior: Chicken fries and soft pretzel</p>																
<p>29 Chicken nuggets, mashed potatoes, corn, dinner roll, choice of fruit and milk.</p> <p>#2 Sub or wrap, choice of fruit, or 100% fruit slushy, relish tray and milk</p> <p><b><u>SANDWICH W/SOUP OR SALAD</u></b> #3 Soups: Dinosaur soup or cream of potato</p> <p>Sandwich choice: Egg salad or Deli turkey</p> <p>Warrior: Pizza and soft pretzel</p>	<p>30 Popcorn chicken, curly fries, choice of fruit, dinner roll and milk.</p> <p>#2 Sub or wrap, choice of fruit or 100% fruit slushy, relish tray and milk</p> <p><b><u>SANDWICH W/SOUP OR SALAD</u></b> #3 Soups: Dinosaur soup or French onion</p> <p>Sandwich choice: Egg salad or Chicken cordon bleu</p> <p>Warrior: Bacon Cheeseburger with soft pretzel</p>	<p>31 Grilled cheese sandwich, tomato soup, rice krispie treat, dinner roll, choice of fruit and milk.</p> <p>#2 Sub or wrap, choice of fruit or 100% fruit slushy, relish tray and milk</p> <p><b><u>SANDWICH W/SOUP OR SALAD</u></b> #3 Soups: Dinosaur soup or Chicken pot pie</p> <p>Sandwich choice: Egg salad or Salisbury steak</p> <p>Warrior: Sweet n' Sour Oriental Chicken</p>	<p><b><u>Breakfast is available daily</u></b> Breakfast choices offered throughout the week: Cinnamon Texas Toast McWarrior Sandwich French Toast sticks Muffins, bagels with cream cheese Danish, waffles, cereal bars, Cereal, milk and fruit juices.</p> <p><b>Students may purchase a breakfast for \$1.25 or ala carte breakfast.</b></p>	<p><b><u>LUNCH PRICES</u></b></p> <table style="width: 100%;"> <tbody> <tr> <td>STUDENT</td> <td style="text-align: right;">\$ 2.20</td> </tr> <tr> <td>REDUCED LUNCH</td> <td style="text-align: right;">.40</td> </tr> <tr> <td>STUDENT WARRIOR</td> <td style="text-align: right;">2.85</td> </tr> <tr> <td>ADULT</td> <td style="text-align: right;">3.60</td> </tr> <tr> <td>MILK</td> <td style="text-align: right;">.50</td> </tr> <tr> <td colspan="2"><b><u>BREAKFAST PRICES</u></b></td> </tr> <tr> <td>STUDENT</td> <td style="text-align: right;">\$ 1.25</td> </tr> <tr> <td>ADULT</td> <td style="text-align: right;">2.00</td> </tr> </tbody> </table> <p><i>Questions? Karen L Miller Director of Food &amp; Nutrition Services 626-3734 extension 3834 * MENU SUBJECT TO CHANGE*</i></p> <p>check us out @ <a href="http://www.warwicksd.org">www.warwicksd.org</a></p>	STUDENT	\$ 2.20	REDUCED LUNCH	.40	STUDENT WARRIOR	2.85	ADULT	3.60	MILK	.50	<b><u>BREAKFAST PRICES</u></b>		STUDENT	\$ 1.25	ADULT	2.00
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